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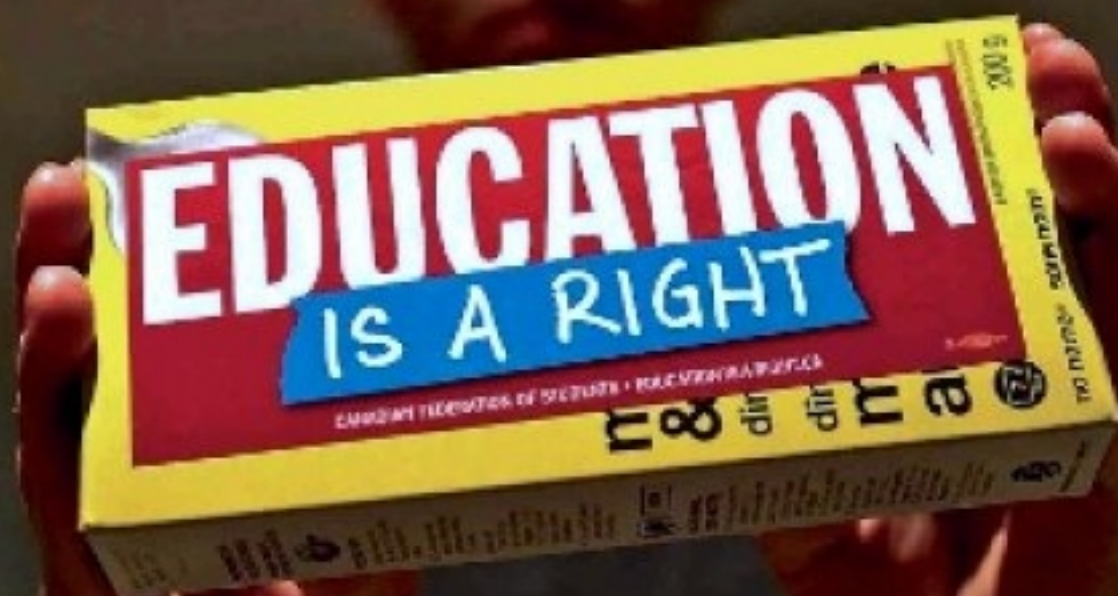
Your essential daily news | THURSDAY, MARCH 3, 2016

High -2°C/Low -10°C Flurries



KRAFT DINNER CONSULTATION

Dalhousie students
say rising education
costs hard to digest
metroNEWS



Student Union academic and external vice-president John Hutton makes his point on Wednesday. JEFF HARPER/METRO

Police mum on 'suspicious death' details

SPRYFIELD

'Unresponsive male' found in apartment



**Kristen
Lipscombe**
Metro | Halifax

Halifax Regional Police weren't saying much Wednesday following a suspicious death reported in Spryfield.

Officers responded to a call about "an unresponsive male" inside an Autumn Drive apartment at about 12:15 p.m., according to a police news release.

Upon arrival, officers discovered "a deceased male" inside the apartment, police said.

More than a half dozen police vehicles, several investigators and police dogs were on scene at the Spryfield apartment later Wednesday afternoon.

Officers appeared to be search-

ing for evidence in dumpsters and green bins behind the Autumn Drive building and across the street. They were also seen questioning residents who live in the area.

"Somebody got murdered," one neighbour told Metro.

As of Wednesday evening, police couldn't confirm whether or not the suspicious death was indeed a homicide.

"There are no further updates from the suspicious death earlier today on Autumn Drive," Halifax Regional Police spokesman Sgt. Bill Morris said in an email.

"As soon as an update is received from investigators, it will be released to the media."

Police did not provide the gender or age of the deceased person, or any other details about their investigation as of Wednesday night. No police spokesperson was available on scene in Spryfield to provide further comment. WITH FILES FROM

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Cabbie fundraising for schools in Madagascar

COMMUNITY

Radafy Ranaivo, local groups announce charity events



Haley Ryan
Metro | Halifax

When Radafy Ranaivo walked to class in Madagascar he might not have had the best building in the world, but “at least there was a school.”

Ranaivo, a Halifax cab driver and mixed-martial arts coach who made headlines in 2014 for his Book of Love full of positive messages, is fundraising for children in his native Madagascar.

“Some of (the schools) don’t even have a roof, don’t even have a wall ... a blackboard to write on. Nothing,” said Ranaivo, who has lived in Halifax the last 15 years.

“No matter how much you want to do something, if it’s not there, then you cannot really do anything.”

Ranaivo is joining his 374



“Every child has the right to a better future.”

Radafy Ranaivo



Mixed martial arts coach Radafy Ranaivo, left, trains with student Alanoud Alharbi at 374 MMA in Halifax. JEFF HARPER/METRO

MMA club with ADAM (African Diaspora Association Of The Maritimes) and Hope for Madagascar on the campaign, which has a \$24,000 goal. The group plans on heading to Madagascar in August to build and repair schools and bring clothing, food, and school supplies.

They’ll also set up water wells and sanitation systems to help curb numbers of children who die every year due to contaminated water, Ranaivo said.

Although Ranaivo said he remembers walking to the classroom when he was growing up, it was not as bad as the conditions today because “at least there was a school.”

It’s important for people in Canada to support children in these situations by giving them a fraction of the opportunity we have every day, Ranaivo said.

“It’s not like they don’t have the knowledge or the will, or the want to be somebody ... They just don’t have the window of opportunity,” Ranaivo said.

“One of those kids might discover the cure of cancer. We don’t know, but if you don’t give them the chance, we’ll never know.”

The group is hosting multiple fundraising events over the next few months, including a Zumba marathon, GoFundMe page, kickboxing classes, and cultural night with music and food this May with details on the “Madagascar’s educational kids fund” Facebook page.

Everything raised or donated will go directly to kids

in Madagascar, Ranaivo said, which is more effective than larger organizations that filter donations between so many people that “there’s nothing left” when it gets to whoever needs it.

Like his reasoning in creating the Book of Love, Ranaivo said it’s always worth it to do something for others.

“We’re all in this world together as one family,” Ranaivo said. “If we want to change really, we’ve got to make change for everybody.”

THE CANADIAN PRESS

IN BRIEF

N.S. to help descendants of black loyalists get land title

The Nova Scotia government says it will offer free support to descendants of black loyalists still trying to get clear title to their land after more than two centuries.

The province provided land to black loyalists in the communities of the 1800s, but the Crown didn’t give land titles — though it did for white settlers.

Now under a provincial pilot program, residents of East and North Preston as well as Cherry Brook who have applied to make a claim will get free advice from lawyers and land surveyors. The province says clarity of legal title will help community members enjoy free hold on their land and identify ownership for taxes. THE CANADIAN PRESS

Province launches impact study of Uber, Airbnb

The Nova Scotia government is studying how best to react to Uber, Airbnb and other “disruptive technologies” without driving away the tourists who rely on them.

Martha Stevens of Tourism Nova Scotia told a legislature committee Wednesday the government wants to better understand the impact of the sharing economy.

Nova Scotia is aiming to double tourism-industry revenues from about \$2 billion in 2014 to \$4 billion by 2024, and Stevens said the government does not want to jeopardize that goal. THE CANADIAN PRESS

PUBLIC SAFETY

‘Internet Black Widow’ release worries victims

Two men preyed upon by an elderly woman known as the “Internet Black Widow” say they fear for public safety as a Nova Scotia prison prepares to release her at the end of this month.

Melissa Ann Shepard, now in her early 80s, was sentenced in June 2013 to two years, nine months and 10 days of jail for spiking her newlywed husband’s coffee with tranquilizers.

Correctional Service Canada says Shepard gets out of jail on March 20, after being refused early release by the parole board late last fall.

Fred Weeks, who was 76 when Shepard was sentenced, said in a telephone interview from his home in Stellarton he believes Shepard isn’t trustworthy doesn’t want her in his community.

“She’s too smooth of an actor,” said Weeks, now in his late 70s. “She kept me in the dark for a long time, telling me her stories. Everything was a story. Everything was a lie that she told me. ... I wouldn’t want her to come around myself or any friends.”

Shepard pleaded guilty to administering a noxious substance and failing to provide the neces-

sities of life to Weeks after a trial in Sydney in 2013. The conviction came after the Crown dropped a charge of attempted murder, saying there wasn’t enough evidence to prove the case.

An agreed statement of facts released at the sentencing said Shepard had been Weeks’s neighbour in a quiet retirement community, knocked on his door and told him she was lonely and she’d heard he was lonely too.

A civil union ceremony was performed in Weeks’s living room, but the marriage was never certified by the province.

During a trip to Newfoundland after the ceremony, Shepard dissolved a cocktail of sedatives into her new partner’s coffee.

The couple returned to North Sydney, N.S., and stayed at a bed and breakfast, where Weeks tumbled out of bed and was hospitalized, with tests showing he had tranquilizers in his blood.

Shepard, born in Burnt Church, N.B., is known as the “Black Widow” or the “Internet Black Widow” because she has prior convictions stemming from past relationships.

THE CANADIAN PRESS



Melissa Ann Shepard arrives at Supreme Court in Sydney for her sentencing hearing in June 2013. THE CANADIAN PRESS FILE

Women in film find support

CONFERENCE

Rough year for movie makers seeking funds: Co-ordinator



Haley Ryan
Metro | Halifax

After a year of uncertainty over film tax cuts, a Halifax conference is focused on supporting women with big ideas and a small budget.

Women in Film and Television Atlantic's annual Women Making Waves (WMW) conference runs Thursday to Sunday with film screenings, master classes, panels, and conversations with experts.

"There's still an obvious gender disparity in the film industry," conference co-ordinator Erin McDonald said Tuesday about the small number of female feature directors and technical crew members.

"It's great to just be able to share experiences with each other."

Given the "do-it-yourself" theme of the conference, McDonald said screenings of low-budget shorts, a web series case study and a micro-budget film-making panel will give vital information to those making movies with less government



Supporters of the film tax credit rally outside Province House during a protest last year. JEFF HARPER/METRO

support than before the film tax credit was cut in April.

"This has been a rough year for film and people are struggling to get funding," McDonald said.

Ingrid Veninger, "DIY queen of indie filmmaking in Can-

ada," leads the micro-budget panel with others who've made films on little money this Saturday in Dalhousie University's Weldon Building, said McDonald.

Veninger is also screening her film *He Hated Pigeons*, shot

in Chile on a very small budget for a feature, McDonald said, which is always accompanied by a live score and shown once in each city.

"It's a really unique experience," McDonald said, adding the Thursday event has jazz

pianist Holly Arsenault playing along with the film.

Although there's now a Nova Scotia Film and Television Production Incentive Fund through Nova Scotia Business Inc. (NSBI), McDonald said she's heard complaints about

“

There's still an obvious gender disparity in the film industry.

Erin McDonald

its structure.

According to a provincial release, the fund applies to labour, goods or services purchased from a Nova Scotia-based supplier. When a production is approved, funds are placed in a reserve, and when it's complete the NSBI processes final claims and fund "disbursement."

But McDonald said a filmmaker could be approved for funding at the beginning of the year, and when they go to claim it the province can say they've reached their \$10-million cap and there's no money.

Although the change has already caused so many people to leave the province, McDonald said, many do want to try and be positive about the situation in order to stay here.

"I really hope some of the conversation is trying to make it work, and what you can do to be making your projects without as much funding as was available before," she said.

Tickets and schedule at womenmakingwaves.ca

American Psycho director headlines conference

The Women Making Waves conference has pulled off a "coup."

Celebrated director and writer Mary Harron headlines the conference with a sold-out screenwriting master class and spotlight conversation on Saturday, said co-ordinator Erin

McDonald.

Harron, writer and director of films like *American Psycho*, *I Shot Andy Warhol* and *The Notorious Bettie Page*, also studied at Oxford and worked as a journalist, documentary filmmaker and TV director.

"Securing her as guest was

bit of a coup, because she's pretty well-known and very accomplished," McDonald said.

"She's definitely known for a lot of feminist themes in her films, which is really cool."

Harron's name came up when the conference planners were brainstorming ideal

guests in November, McDonald said, and they were "kind of surprised" but very excited when she agreed to come.

Those in the master class will benefit from her "well" of writing knowledge, while the spotlight conversation is an interview with local filmmaker

Juanita Peters that should provide insight into Hollywood at the "high industry level," McDonald said.

"It's pretty rare. There's not that many female directors making big movies so it's very exciting," she said.

HALEY RYAN/METRO



American Psycho director Mary Harron CONTRIBUTED

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Fee hike meeting closed

DALHOUSIE

University hiding key info from public: Student union



Zane Woodford
Metro | Halifax

A public presentation by Dalhousie University's Budget Advisory Committee on Wednesday turned out to be anything but.

The presentation was the fourth of its kind, designed to inform students and get their feedback on proposed tuition hikes for the coming budget year.

Dalhousie director of communications Brian Leadbetter approached Metro at the presentation, and asked that the event not be recorded or photographed.

"It's not a public event for reporters," he said.

When asked why the presentation could not be recorded, he said, "It's just not a public event."

"It's a stakeholder event for Dalhousie students," he said. "This is not staged as a public event."

Dalhousie Student Union vice-president academic and external vice-president John Hutton said Leadbetter had no right to demand the event not be recorded, as it was being held in the student union building.

"I hope it sends the message that they're afraid of these fee hikes," he said.



Students face tuition hikes of up to 28 per cent over three years, according to Dalhousie's student union. METRO FILE

Students are stretched, they're broke and they're stressed ... These massive increases will only make it worse.

John Hutton, DSU academic vice-president

"They don't want the public to know what they're doing to young people in this province."

Hutton and the DSU were holding a "Kraft Dinner Consultation" at the event, designed

to tell the Budget Advisory Committee that its planned tuition hikes are unacceptable.

The committee released a report last month recommending a three per cent tuition hike

for all students this fall, along with 28 per cent for agricultural students and 24 per cent for engineering students over the next three years.

"Kraft Dinner is what students have to eat because of high tuition fees," he said. "It's low in nutrition, low in flavour, and the only option available after students are working one, sometimes two jobs while simultaneously trying to get through a full course load."

The student union had boxes of Kraft Dinner stickered with statistics and slogans, and planned to shake them like maracas at the end of the presentation.

"We want them to know what they're doing is not just numbers in a budget. They're affecting actual people's lives," Hutton said.

"We have 200 students a month using our food bank. That's going to go up."

POLICE

Stabbing suspect held in attack

Halifax police are investigating a stabbing that sent a man to hospital Tuesday night.

Halifax Regional Police said that at 11:35 p.m. they were called to the 2100 block of Gottingen Street for a physical disturbance.

When they arrived, a witness told officers that one of the men who'd been on the scene had a knife and had tried to stab them.

Police found the men involved in the incident and discovered one had received a large cut to his forearm.

They located and arrested a suspect, Halifax Regional Police said in a news release.

The victim was transported to hospital for treatment of serious but non life-threatening injuries.

Neither the victim nor the suspect is co-operating with police.

A 29-year-old man from Halifax was scheduled to appear in court Wednesday.

METRO STAFF

+ CHARGES

The suspect faces charges of aggravated assault, assault with a weapon and possession of a weapon for a dangerous purpose.

METRO STAFF

CRIME

Police hunt two robbers

Police are looking for two men in their 20s who robbed another in Halifax. About 7:50 p.m. Tuesday, a man told police he'd been robbed near Cogswell and Albemarle streets, Halifax Regional Police said in a news release.

The man said when two men asked for money, he handed over a small amount of cash. The pair threatened him, told him not to call police, and left.

The first suspect had scruffy stubble, a ball cap with a flat brim, a white hooded sweater, dark baggy jeans and smelled of alcohol. The second had a mullet, stubble beard and wore a black hoodie and dark pants.

METRO STAFF

SPRING GARDEN ROAD

Stranger charged with sexual assault

A Halifax man has been charged with sexual assault after he put his arm around a woman and "forced his lips" onto her neck.

Halifax Regional Police said that just after 5 p.m. Tuesday night, a man approached a 37-year-old woman on Spring Garden Road and asked her for a cigarette.

Then two other men approached, "one of whom then put his arm around the woman and forced his lips on her neck," police said in a news release issued Wednesday morning.

She pushed the man away and ran into a nearby building to notify security. The security guard called the police, who arrived and tracked

down the three men involved, none of whom were known to the victim, the release said.

Police arrested 34-year-old Ian Hegloy Ludlow Gardner at the corner of Spring Garden Road and Brunswick Street, and let the other two men go. METRO STAFF

+ COURT

Scheduled appearance

Gardner was held in custody overnight, and was scheduled to appear in Halifax provincial court Wednesday to face charges of sexual assault and breach of recognizance.



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'Eager to take our place'

CLIMATE CHANGE

Trudeau says Canada will be a leader in new green economy

Prime Minister Justin Trudeau said the world economy is quickly moving toward recognizing the importance of protecting the environment, and he wants Canada to be part of it.

"The future is coming at us fast, and I know Canadians are ready for it. We're eager to take our place among the leaders in this new economy. Canadians don't fear the future. We want to play a leading role in shaping it," Trudeau said Wednesday in an address to the opening plenary session of the Globe Series clean technology conference in Vancouver.

Trudeau said the Liberal government would double its investment in clean energy

over the next five years, give \$75 million to the Federation of Canadian Municipalities to support cities and towns responding to the challenges of climate change, as well as \$50 million to improve "climate resilience" in design guides and Canadian building and infrastructure codes.

The prime minister is in Vancouver to meet with indigenous leaders and the provincial and territorial premiers to discuss how they can follow up on their commitment at the COP21 United Nations climate conference in Paris in December to fight global warming and transition to a low-carbon economy.

Those discussions are expected to be tough, as not everyone is on board with the Liberal vision of pricing carbon nationwide, and Quebec decided this week was the time to seek an injunction to force the proposed Energy East pipeline project to submit to a provincial environmental impact assessment.



The PM addresses the Globe 2016 conference in Vancouver. JONATHAN HAYWARD/THE CANADIAN PRESS

One of the messages Trudeau will bring to the premiers was also a natural fit for the Globe conference, where the focus was on environmental innovation as a way to create jobs and economic growth.

"We know we begin from the

common goal we all share — we want a low-carbon economy that continues to provide good jobs and great opportunities for all Canadians.

To get there, we need to make smart, strategic investments in clean growth and new infra-

structure," Trudeau said.

But investing in new technology does not mean abandoning what is still a major part of the economy, said Trudeau, stressing the importance of the existing natural resource sector. TORSTAR NEWS SERVICE

IN BRIEF

Travellers advised to delay pregnancy two months

The Public Health Agency of Canada is advising women who want to get pregnant to wait at least two months after visiting countries where the Zika virus is circulating or could circulate, before trying to conceive. The mosquito-borne virus has been linked in Brazil to thousands of cases of newborns with small heads. Cases have reached epidemic levels in most of South America, throughout Central America, parts of Mexico, and much of the Caribbean.

THE CANADIAN PRESS

Calgary woman carries out doctor-assisted death

A Calgary woman who received a legal exemption for doctor-assisted death has ended her life in Vancouver with the help of two physicians. The woman, whose name is under a publication ban, died Monday with family at her side.

THE CANADIAN PRESS

Hockey ticket for homeless man leads to family discovery

For years, Elwyn Murphy sat metres from the entrance of the Air Canada Centre in Toronto, but never once stepped inside.

That is, until last Thursday, when serendipity plucked the homeless man from the pavement to the stands above centre ice. His first Maple Leafs game.

The benefactors, Michelle Gingrich and fiancé Todd Brilhante, had upgraded their seats, getting a whole new pair. The couple gave the original ticket to Murphy, who was sitting in the cold.

"This couple walking by me asks if I want to go to the hockey game and I said, 'well sure, I've never been to a Toronto Maple Leafs game before,'" recalled Murphy.

Later, Gingrich uploaded to Facebook a photo they took to remember the occasion and encourage others to spread the love.

"It made us realize it is so easy to put a smile on someone's face," she wrote. "Give them an experience they've never had

and ... take this gentleman away from a cold night alone."

The image amassed more than 40,000 likes online. Several thousand shares later, the blurry photo popped up on Victor Boudreau's screen, 1,800 kilometres away in Port Hawkesbury, N.S.

The 31-year-old did a double take. Was that his long-lost uncle? It couldn't be. The man disappeared six years ago, and the family thought he was dead.

"All of a sudden I see a picture of him, and he has a beard," said

Boudreau. "I knew it was him because of the eyes."

Boudreau recalls Murphy leaving N.S. in 2010 and family were unable to locate him. His reappearance left relatives overjoyed and feeling some peace, knowing he's alive.

"I'd like to shake his hand, hug him and tell him how happy I am I found him," said Boudreau. "I'd introduce him to my daughter and ask if he wants to go home."

However, Murphy says he wasn't lost. "I became famous

when I didn't want to be found," he said. "I love Victor, he's a good kid, but here, I'm anonymous ... Back home, I'm not."

The city has allowed him to meet all types of new people, compared with his former home in a small, rural town "where everyone knows each other and their grandfather." But he still loves his relatives, even if they don't understand his life.

"I'm not hurting, I'm not starving, I'm not freezing, but I am content." TORSTAR NEWS SERVICE



Todd Brilhante and Michelle Gingrich with Elwyn Murphy, centre, in Toronto. CONTRIBUTED



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Follow Hyundai on Facebook, Twitter and Instagram to discover the answer, which was posted earlier this week.



*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00 PM (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com.™/® The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

Donald leads populist surge

PRESIDENTIAL RACE

Experts reveal the appeal of GOP contender to Americans



Jessica Smith Cross
Metro | Toronto

It's a tale of two Americans in Canada. One thinks Donald Trump as president would be a disaster and the other might help vote him in.

But they agree on this: Trump's surging popularity is America's version of a "populist revolt."

"A lot of the people that Trump appeals to have been really feeling hard-hit, they've been hard-pressed, they haven't been getting any relief," said Stephen Newman, an American who teaches political science at Toronto's York University.

Many Americans have legitimate economic grievances and know establishment politicians aren't offering real solutions, Newman said.

That's the basis of a kind of a kind of populist revolt that's brought outsider, and sometimes extremist, politicians to power all over the world.

"He really has read the moment," Newman said. "He does have a huckster's intuition about what is going to sell."

Craig Wolverton, a dual citizen who was born in Florida but now lives in Qualicum Beach, B.C., agrees with the "populist revolt" theory.

"He's a proven businessman, he has a ton of success and I think Americans are wanting a change from the traditional political establishment," he said.

Wolverton and Newman also share a criticism of Trump: They have no idea what he'd actually do if elected, and they haven't seen a real platform yet.

Wolverton isn't sure if

Trump's controversial comments about race were made because he doesn't think before opening his mouth or because he knows inflammatory statements grab headlines. Newman sees Trump's comments about Muslims and Mexicans as xenophobic.

Those feelings aren't uniquely American, he said, and boosted the popularity of politicians like Italy's Silvio Berlusconi and France's Marie Le Pen. But, they tend to play out with a different "local flavour" wherever they occur. In America, that flavour is Trump.

+ CARSON EXITS

Republican presidential candidate Ben Carson ended his campaign after a poor finish across the Super Tuesday primaries. Carson said he sees "no path forward" to the nomination.

THE ASSOCIATED PRESS



Worrying about this man gives Toronto political scientist (and American) Stephen Newman some "serious heartburn" and makes him gravely concerned about the face America is presenting to the world. GETTY IMAGES

'MOVE TO CANADA' Searches spike after Trump win



Colin McNeil
Metro | Canada

Searches for "how to move to Canada" and "how can I move to Canada?" hit all-time highs after the likely Republican nominee came away with primary wins in seven states Tuesday night.

Google data editor Simon Rogers tweeted that interest in the search term spiked 350 per cent after Donald Trump secured wins in Alabama, Arkansas, Georgia, Massachusetts, Tennessee, Vermont and Virginia.

The official Google Trends account also tweeted that "Searches for 'Move to Canada' are higher than at any time in Google history."

This comes weeks after a website in Cape Breton, N.S., urged Americans to move there if Trump becomes president.

Coincidentally, the immigration section of Government of Canada website was experiencing delays Wednesday. In a release, the immigration office refuted any claims it was due to the Trump trend.

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RESEARCH

U.K. team discovers grey hair gene

If you've experienced the distress of looking in the mirror and unearthing an uninvited grey hair staring back at you, apparently your ancestors are to blame.

A study led by England's University College London (UCL) claims to have discovered the

first grey hair gene, confirming that environmental factors are not the only reasons your hair will change colour.

The study for Nature Communications journal analyzed 6,000 people across Latin America to identify the IRF4 gene, which helps determine hair,

skin and eye colour.

The research differed from previous studies by focusing on Latin America rather than people of European descent.

The study also found genes associated with beard thickness and monobrow prevalence.

TORSTAR NEWS SERVICE

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Rexall Health sold for \$3B

LONG HISTORY

3 things about the chain

DRUG STORES

Chain has been undergoing big changes in recent years

Canada's Rexall Health drug-store chain has been sold to U.S. health-care company McKesson Corporation for \$3 billion.

The deal was announced Wednesday morning, and is expected to close later this year.

Rexall has 470 retail pharmacies in Canada and is privately owned by the Calgary-based Katz Group, which describes itself as one of Canada's largest privately owned enterprises.

Daryl Katz, Katz Group founder and chairman, is also owner and governor of the Edmonton Oilers.

"I have the utmost confidence that Rexall Health will continue to flourish under McKesson's ownership," Katz said in a notice to investors posted to McKesson's website.

The companies say Rexall Health will continue to be led by its current management,



Rexall branded products are shown in a store in Ottawa. The national pharmacy chain describes itself as one of Canada's largest privately owned enterprises. JUSTIN TANG/THE CANADIAN PRESS

Rexall Health will continue to flourish under McKesson's ownership. Daryl Katz, Katz Group founder

headed by CEO Jurgen Schreiber. The Rexall chain has been undergoing big changes over

the past four years, selling franchised stores and renovating and improving stores and add-

ing services.

Rexall was at the forefront of moving flu shots into pharmacies in order to drive revenues at a time when provinces were introducing generic drug bills to make it cheaper to buy drugs — and less lucrative for

13,000

The number of people that will be employed by the Rexall chain and McKesson's existing operations in Canada.

pharmacies.

"Canada's health-care environment is rapidly evolving; it is marked by a move of primary care into pharmacy and increasingly complex patient demand. With today's announcement, McKesson will bring together the strengths and expertise of our diverse portfolio to address challenges and opportunities in delivering the very best patient care," said John H. Hammergren, chairman and chief executive officer, McKesson Corporation, in a news release to investors.

McKesson is already operating in Canada in the pharmaceutical supply chain sector. Together the Rexall chain and McKesson's existing operations in Canada will employ 13,000 people.

TORSTAR NEWS SERVICE

1 Rexall has been around since 1904.

2 Rexall boss Daryl Katz learned about the pharmacy business from his father Barry, who opened a small drug store in 1955 in Edmonton.

3 In February 2008, Katz paid \$200 million to buy the Edmonton Oilers. He was 46 at the time.

TORSTAR NEWS SERVICE

market minute

	DOLLAR 74.48¢ (-0.07¢)
	TSX 13,017.93 (+35.83)
	OIL \$34.66 US (+26¢)
	GOLD \$1,241.80 US (+\$11.00)

NATURAL GAS: \$1.678 US (-6.4¢)
DOW JONES: 16,899.32 (+34.24)



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ROSEMARY WESTWOOD

metroview

People who use coffee-pod machines belong in the 1950s

In 1955, Life magazine jubilantly declared the age of "Throwaway Living: Disposable items cut down household chores."

Housewives needn't clean up the frying pan or the dog bowl, the article gushed. Why bother when you can toss it, along with the draperies? It recommended the toss-away barbecue — built with an "asbestos shell."

Ah, the quaint ignorance of the '50s. Today, we know environmentally damaging waste ends up swirling around in state-sized piles in the ocean, and asbestos kills you.

And yet, there currently exists a product so wasteful, so unnecessary, based solely on convenience and with zero other redeeming qualities, and it's selling like hotcakes.

I'm talking about coffee pods. Coffee pods are an abomination, a product for the wilfully wasteful, the arrogantly lazy, and the ad-ready George Clooney.

People who drink from these machines — most famously Keurig — belong in the 1950s, where their eco guiltlessness is quite in keeping with the times.

But this is 2016. Three years ago, the World Bank was already predicting that global waste would triple — triple! — by 2100, before it begins to "decline in different regions at different times, depending in part on population growth,

waste reduction efforts, and changes in consumption."

Changes, what changes? In Canada, coffee pod machines are on "four out of every 10 Canadian counters," according to the National Post. And Keurig's effort to make the cups recyclable by 2020 won't stop the drain on resources to produce the cups. Even the creator of Keurig's K-Cup machines has remorse: "I feel bad sometimes that I ever did it," he told The Atlantic.

Last month, Hamburg, Germany became the first city to ban coffee pod machines in municipal buildings, citing the waste they create. It will probably also end up cutting the coffee budget, since even the K-Cup's creator admits the machines are expensive to use. That's because each company's machines employ an Apple-esque proprietary model that forces you to use the same company's pods.

As if all this weren't enough, coffee pod machines are a threat to relationships everywhere: Only able to brew one cup at a time, couples must choose every morning who to serve first — themselves or their partner?

But the nail in the coffin, the death of whatever thin sympathy might remain, is this: The coffee itself is entirely ordinary.

Even Nespresso-selling Clooney shouldn't convince you otherwise.



The real issue is the budget choices being made by Dalhousie's administration and board of governors. It is crucial they focus more on academics, which is the core of the university's mission.

— DAVID MENSINK

President, Dalhousie Faculty Association

What's the most important thing for a university: the quality of the education it offers to its students, or the number of administrators and new buildings? To most of us, the answer to that question should be obvious, but it isn't for Dalhousie University's administration and board of governors.

In March 2013, the Dalhousie Faculty Association released an analysis of Dalhousie's audited financial statements showing that the proportion of the university's operating budget devoted to teaching, research and libraries had declined significantly over a 10-year period, while the proportion allocated to administration had increased. The study also showed that millions of dollars had been diverted from Dalhousie's operating budget to fund new building construction.

During the summer and fall of 2015, the faculty association updated its analysis to reflect the university's financial statements for the 2012-13, 2013-14 and 2014-15 fiscal years, and the situation has worsened.

Each year, Dalhousie's academic programs are forced to take cuts. This is in spite of a proposed three-per-cent across-the-board increase in tuition.

We discovered that:

■ The percentage of Dalhousie's operating budget spent on academic activities continues to decline, from 73.5 per cent in 2002-03, to 63.5 per cent in 2011-12 to just under 61.9 per cent in 2014-15.

■ At the same time, the percentage of the operating budget spent on "administration and general" is going up. It was 7.3 per cent in 2002-03, 8.4 per cent in 2011-12 and over 8.6 per cent in 2014-15.

■ In the past three years alone, more than \$83 million has been transferred out of Dalhousie's operating fund, with virtually all that money going into capital expenses. The total amount transferred out of the operating fund since 2002-03 is a whopping \$168.5 million.

What's particularly ironic about these figures is that Dalhousie is one of the few universities in Atlantic Canada where student enrolment has consistently increased. Yet each year, Dalhousie's academic programs are

forced to take cuts — the recently released budget plan for 2016-17 calls for a 2.5 per cent cut to all programs. This is in spite of a proposed three-per-cent across-the-board increase in tuition fees, and massive tuition increases in such programs as pharmacy, agriculture and engineering. In many programs, Dalhousie's tuition fees are already among the highest in Canada.

We also know that in many departments, professors who retire are either not replaced or replaced by part-time or limited-term faculty. So enrolment has gone up, tuition has gone up and Dalhousie's complement of full-time, tenured faculty has declined.

We strongly urge both the provincial and federal governments to invest more in post-secondary education; but the real issue is the budget choices that are being made by Dalhousie's administration and board of governors. It is crucial that the administration and board focus more on academics, which are the core of the university's mission.

This brings us to the question we started with: Should a university focus its investment in its academic programs — and the professors and instructors who teach them — or on administrators and buildings? The future of Dalhousie as one of Canada's top universities will be determined by how that question is answered.

Dr. David Mensink is a registered psychologist and president of the Dalhousie Faculty Association.

THE MICROTREND: #TrumpYourCat



It's a trend for our times. The people of the Internet love cats. They're fascinated by U.S. Republican front-runner Donald Trump to a comparable degree. Naturally, it follows that #TrumpYourCat has taken off on social media, encouraging amateur hairstylists everywhere to attempt to coif their fur-babies into a 'do resembling the brash billionaire's elaborate and (he says) authentic comb over. This feline phenomenon apparently began with someone going by the name Donald Purrrump, who is promoting the slogan "Trump your cat, just don't Trump America."

SOURCE: THE TELEGRAPH, IMAGE: PAMELA PLOWDEN/INSTAGRAM

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This looks like a job for Lois Lane

In his comprehensive and often lively study of Superman's love-interest, Lois Lane, Halifax-based comic historian Tim Hanley describes his subject as "Superman without the superpowers ... [Lois] is just as committed to truth and justice through her tireless reporting, and just as willing to put herself in harm's way to help someone." Here is a look at Lane's portrayal over the years **TORSTAR NEWS SERVICE**

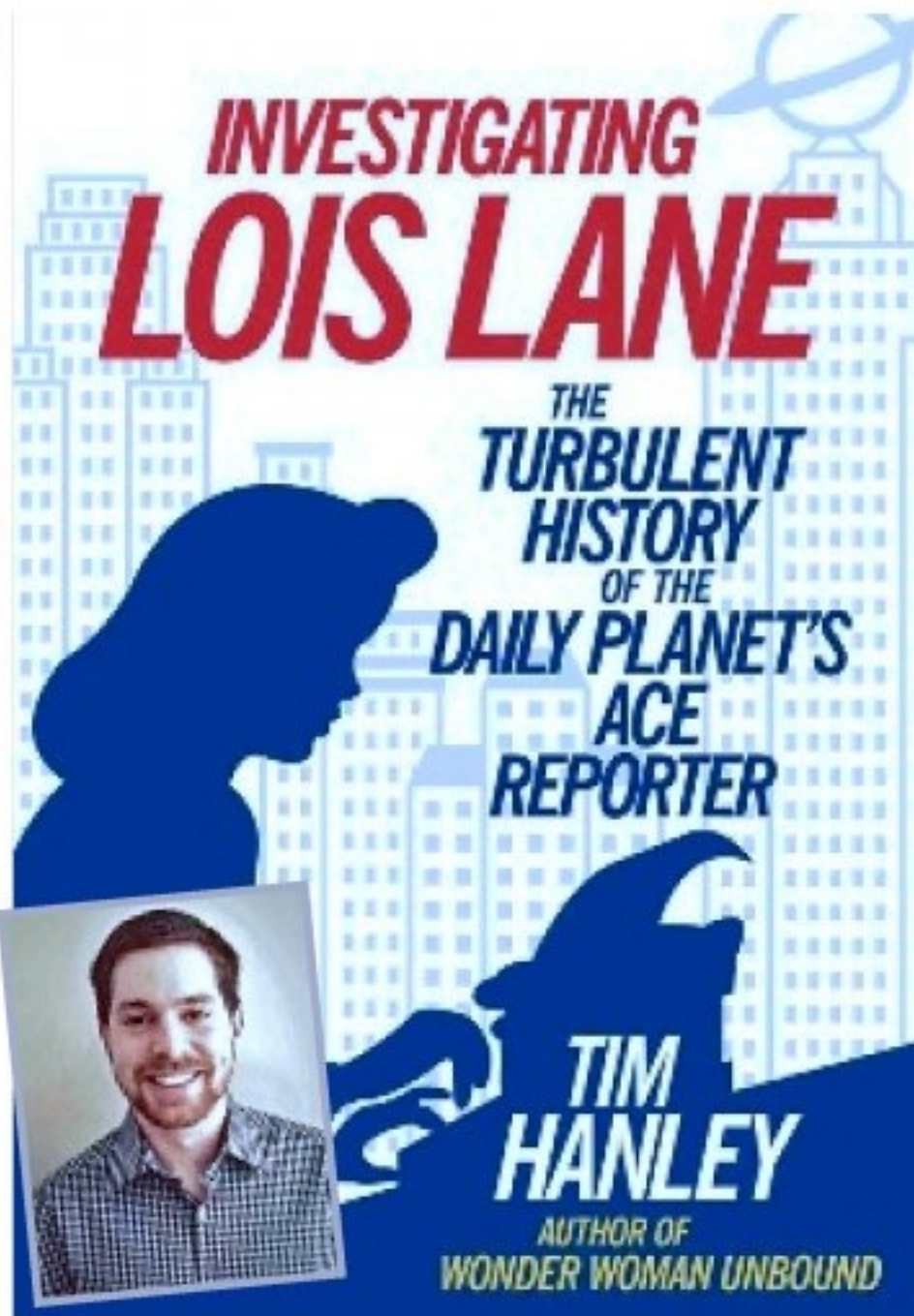
EMPOWERED & OBJECTIFIED

From ace reporter to damsel in distress

At the time of her debut, in the first Superman comic, in 1938, Lois was an independent professional when few women were, having worked her way up from the lovelorn column to the front pages of the Daily Star. Even more unusual, she was happily single.

As time went on, however, Lois was increasingly cast in the role of damsel in distress: her reporting job put her in dangerous situations so Superman could rescue her. Superman was the object of her affections but also, paradoxically, her rival. He used his superpowers to get to stories before she did, then scooped her in his guise as Clark Kent.

Portrayals of Lois have, in the 75 years since, constantly toggled between empowerment and objectification. Sometimes this was a reflection of broader social trends.



A SHORT-LIVED AWAKENING

Total Kryptonite



In the '60s, in the spin-off comic Superman's Girl Friend Lois Lane, Lois had a short-lived feminist awakening: she mastered a Kryptonian form of self-defence, went undercover with a motorcycle gang, and asked to be called "Ms." But on a micro level

Lois' fate was also determined by the sexist whims and opinions of the overwhelmingly male roster of artists and writers who worked on her.

CREATIVE BUST-UP

A model wife



Some of the most intriguing aspects of Lois' story occur outside comic panels. The model who posed for Canadian illustrator Joe Shuster's initial sketches of Lois eventually married his creative partner (and writer of the comic) Jerry Siegel — a factor in the men's 25-year

estrangement. Both actresses who played Lois in the '50s TV version of Superman had double L's in their names. And the show's star, George Reeves, was engaged to a dubious socialite named Leonore Lemmon at the time of his sudden, mysterious death in 1959.

EVERY LOIS LANE ITERATION EVER

Comic effect

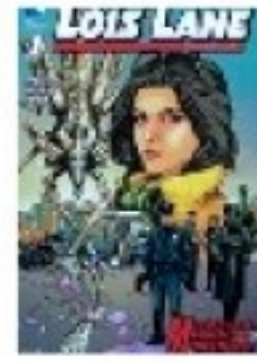


Investigating Lois Lane cites and assesses what feels like every Lois iteration, whether in print, TV, movies, or on stage. Depending on your relationship to comics, this will be either a plus or a minus. Aficionados will appreciate it, while those with a more peripheral

interest in the form may find the book's exhaustiveness — especially in the later chapters — exhausting at times.

SHRINKING MEDIA LANDSCAPE

Future under threat



Hanley writes from an unapologetically feminist slant (his previous book was about Wonder Woman) and has an obvious, appealing affection for his heroine. There may be more to say about Lois soon: given that the status of journalists is arguably under greater threat, in

today's shrinking media landscape, than the status of women, her future could prove even more interesting than her past.



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A portrait of the artist as a young tree

BIG KIDS

DeForge revisits his teens in new graphic novel

Brightly coloured posters paper the walls of Michael DeForge's two-room basement apartment: dapperly dressed anthropomorphic cats; the retina-scorching colours of Montreal art-duo Seripop; a full-page vintage Annie comic from 1936, originally published in The Toronto Star.

The one artist conspicuously absent is DeForge himself. Nearly everything hung by the award-winning cartoonist, who moonlights as the props and effects designer on the gently insane fantasy cartoon series *Adventure Time*, was collected when he was in high school and college. With wall space at a premium, there haven't been many additions since.

It's not out of a fondness for his days as a student in Ottawa that the 28-year-old surrounds himself with the graphic art of his youth. The Toronto-based artist says he often wakes up on the



DeForge in his apartment-cum-studio; his work at right. TORSTAR NEWS SERVICE

mattress on his bedroom floor with a sense of relief that he'll never have to go to school again. "It is not a time I like looking back to," he says.

Yet he found himself revisiting adolescence for his new graphic novel *Big Kids* (Drawn & Quarterly), a coming-of-age allegory with the surreal twist that after the teen protagonist is abandoned by his best friend/bully/boyfriend,

he wakes up one afternoon as a tree. Everyone else in the world, he can now see, is either a tree or a twig.

"I tried to think of the way you feel when you are that age," he says, his chair swiveled away from his drawing table, where he's been spending the afternoon on a series of large sketches of insectoid figures with bright orange phalluses for an exhibition

this April at Weird Gallery. "Aside from all the obvious adolescent allegories, and the changes in perception, and the way he sees his body and other bodies in *Big Kids*, I feel adolescence is the time when you become very aware of the edges of the world around you."

His other work has similarly

combined dark themes with a bright palette and turned doodles into three-dimensional characters. First Year Healthy was about a woman whose mental health is deteriorating that co-stars a sacred, flame-maned cat. Christmas

Dinner from his collection *Dressing* is the story of family violence told with characters that are adorable thumb-sized puffs that wrestle through an opulent feast.

He drew *Big Kids* with a stylus on a Cintiq tablet, which replicates sketching in a digital form. The book's early pages are done in Hubba Bubba pink and electric yellow. When the protagonist turns into a tree, the landscape comes alive with psychedelic swirls that incorporate blue, peach and green.

The wildly imaginative fantastical elements are grounded by the intimacy of DeForge's

writing. "I could never write pure autobiography but the events of my life have found their ways into everything that I have drawn, sometimes unintentionally," he says. "It doesn't even have to be so much of an abstraction. Like, maybe this comic about dads was about my dad."

DeForge considers it a bonus that his work doubles as a psychological sounding board. "Something that has come up in my work is struggles with mental illness and the comics have been a good way of organizing thoughts or events in my life in a way that I don't know if I am able to outside of writing and outside of drawing," he says.

For example, *Big Kids* expresses not just the wonder and horror of adolescence but its disappointment as well. "You feel like you're different, and it tears you up inside and then you find out you're not so different and there are people like you," he says. "And then you will find in that group of people all the same hierarchies that you felt before."

"That is the ultimate joke of all these huge changes. No change is going to fix anything or solve anything. It's just more change."

TORSTAR NEWS SERVICE

BLACK CANARY

From crime-fighting florist to kick-butt rock star

Mike Donachie
Metro | Canada

BLACK CANARY VOLUME 1: KICKING AND SCREAMING
BY: Brenden Fletcher, Annie Wu, Pia Guerra, Lee Loughridge
PUBLISHER: DC Comics

There was a time when Black Canary was a florist. Now, she's an ultra-violent rock star with

a secret past. If anything sums up the way comic books are changing, it's this.

This cool, fast-paced revamp of the Golden Age character updates her in a way that even justifies her fishnets-and-leather costume, while sidestepping 70 years of tangled continuity.

Black Canary is the name of the band now, and lead singer Dinah Lance, calling herself D.D., is using her superpowered voice to blow everyone away in

the music biz, and getting in a lot of fights.

Of course, this is a comic, so there is constant peril from aliens, government agents and ninjas, plus onstage rivalries that make Jem and the Holograms seem sensible.

This book will get dated fast (check back-issue bins for old Dazzler comics if you want proof), but it doesn't matter because it's so much fun right here right now.



BOOK BRIEF

Shaughnessy Prize finalists

Books on politicians and the environment highlight this year's Shaughnessy Cohen Prize for Political Writing.

The short list for the \$25,000 prize includes Stephen Harper (Signal/McClelland & Stewart) by John Ibbotson, which was a finalist for the British Columbia National Award for Canadian Non-Fiction. Also on the list is Greg Donaghy for *Grit: The Life and Politics of Paul Martin Sr.* (UBC Press) and Norman Hillmer for *O.D. Skelton: A Portrait of Canadian Ambi-*

tion (University of Toronto Press). Sheila Watt-Cloutier made the cut for *The Right to Be Cold: One Woman's Story of Protecting Her Culture, the Arctic, and the Whole Planet* (Allen Lane), which was also a finalist for the B.C. non-fiction prize. And Andrew Nikiforuk is a finalist for *Slick Water: Fracking and One Insider's Stand Against the World's Most Powerful Industry* (Greystone Books).

The winner will be announced in Ottawa on April 20 at the Politics and the Pen Gala. THE CANADIAN PRESS

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Residential school legacy explored

NEW NOVEL

Joan Crate delved deep into research for Black Apple

Sue Carter
For Metro Canada



Joan Crate's character, a feisty young Blackfoot girl named Sinopaki, was born more than a decade before the Calgary author even knew she was writing her new novel, *Black Apple*.

Like so many writers juggling multiple roles, Crate only had time to jot down notes in between her busy schedule as a teacher and a mom. But there was something about Sinopaki that stuck with Crate among all the discarded characters and stories.

Published by Simon & Schuster Canada, *Black Apple* follows Sinopaki — renamed Rose Mary by nuns — as she is taken from her parents to board at St. Mark's Residential School, where she is singled out and punished for her indefatigable spirit and imagination.

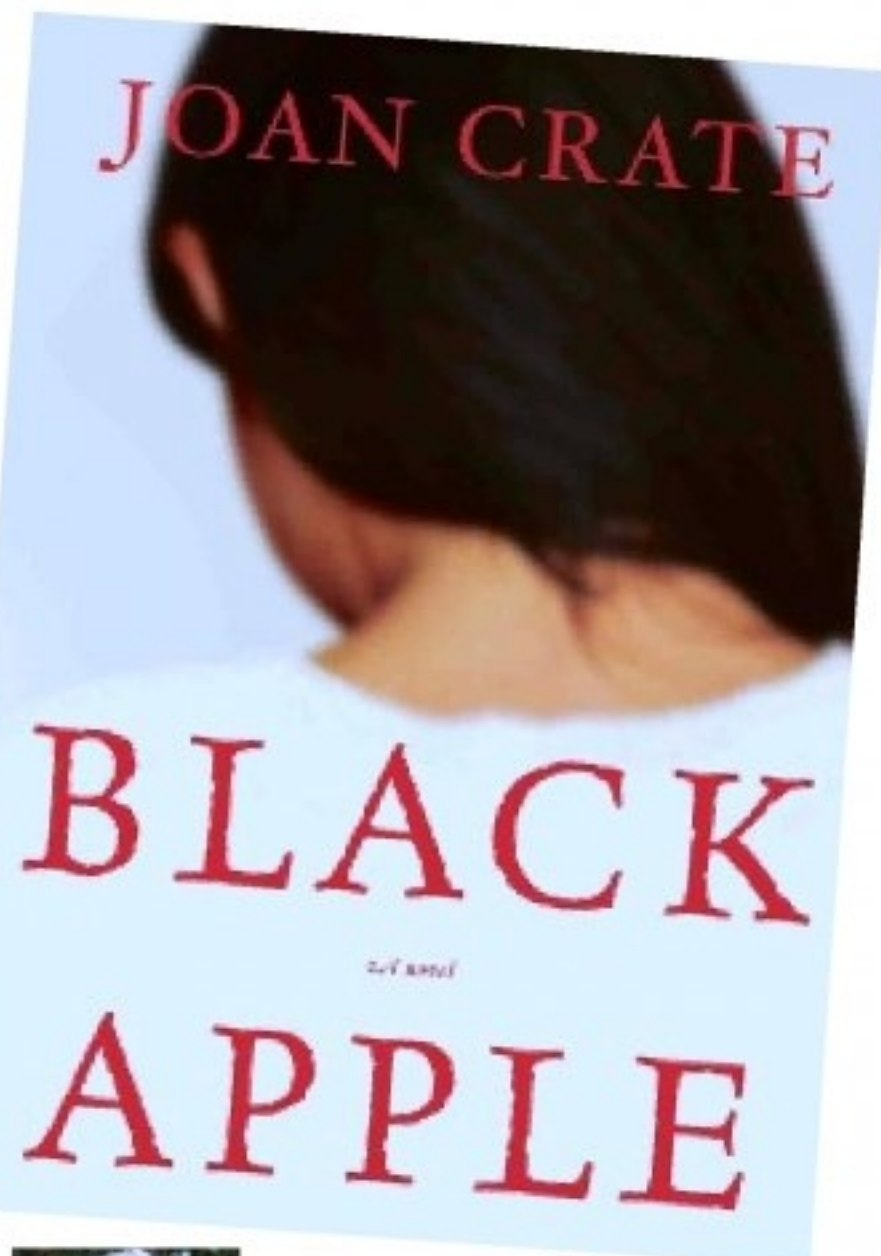
"She's modelled after my grandmother's personality," says Crate. "She was little and tough and full of energy and did things without thinking sometimes."

Crate hadn't intended on writing a novel set in a residential school but given the timeframe of Sinopaki's story, she felt she had no choice, narrative wise.

"I knew that was fraught with all sorts of complications," says Crate. "It really was a moral decision; I decided I didn't want to be part of the silence around residential schools."

She also knew that if she were to tackle the sensitive subject, she would have to do so by being authentic and respectful.

Crate had already undertaken some research while teaching a native literature class in the 1990s, upon discovering that many of her students didn't know much about aboriginal history, let alone the horrific legacy of Canada's residential-



“People who set out to do good ended up bitter and mean and attempting to take revenge on children ...”

Joan Crate on the residential school system

school system. She read many books and personal accounts, and spoke to survivors.

Crate, whose father is half Cree, grew up with stories but says, "they were really small and capsulated, like 'if we were bad the nuns made us clean the bathroom with a toothbrush.' You'd just get little bits that people were comfortable divulging."

Sinopaki's story, which continues after she leaves the school for work, is paralleled with that of Mother Grace, a pious but intellectually minded nun at St. Mark's who has a few personal secrets of her own.

Through writing from the nun's perspective, Crate wanted to explore how people with

good intentions became so monstrous. "People who set out to do good ended up bitter and mean and attempting to take revenge on children who they may have felt were stealing their lives," she says. "I think it happened in part through a sense of superiority and a lack of respect for other cultures."

Although *Black Apple* also weaves in an unlikely love story, a murder and ghost sightings, the legacy of the residential school and how it separated child from parent is inescapable. As Crate says, it "felt like a domineering character."

Sue Carter is the editor at Quill & Quire magazine.

BOOK BRIEFS

Walliams releases new book

When David Walliams created and starred in the irreverent BBC sketch show *Little Britain*, playing characters including a psychiatric hospital patient and an unconvincing

transvestite, he was surprised to find children liked it. "They did like the characters and the large-than-life nature of it," the London native says. Such was the start of his soaring side-career as a popular

children's author. Walliams's latest book, *Grandpa's Great Escape*, touches on dementia as it follows 12-year-old Jack and his grandfather, a Second World War vet losing his memory. THE CANADIAN PRESS

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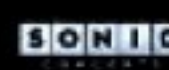
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THE ROY ON BARRINGTON

CONTRIBUTED

Project overview

The Roy is a luxury 22-storey condominium building designed for modern living with amazing views and a prime location in downtown Halifax. The suites are ergonomically efficient and the communal amenity spaces are created to give residents exceptional refined living.

Housing amenities

Designed by UNION31, a Toronto based, award-winning interior design firm, The Roy features nine-foot ceilings, European appliances with natural stone/quartz counter-tops in the kitchen and bathroom(s). There's a full-height glass shower enclosure and wide-plank engineered flooring.

Location and transit

Located between Barrington and Granville Streets at Sackville Street, The Roy is right in the heart of downtown. There is a bus stop at the door, and the ferry terminal is a five-minute walk away.

In the neighbourhood

The Roy is in the centre of everything. Shopping, dining, a walk along the waterfront — everything is close by. Neptune Theatre, the Art Gallery of Nova Scotia, Halifax Central Library, and the Public Gardens are all easily walkable or bikeable.

+ NEED TO KNOW

What: The Roy
Developer: Starfish Properties
Builder: Ellis Don
Location: 1650 Granville Street
Pricing: Starts in the low \$400,000's and goes to over \$1 million.
Suites: Suites range from

one bedroom and one bathroom, to three bedrooms and three-plus bathrooms.
Status: To be completed spring 2017
Sales centre: 1668 Barrington Street
Info: 902-431-1650, theroyalhalifax.com

4 THINGS TO KNOW ABOUT THE NEW MORTGAGE RULES

Homebuyers in Canada now face larger down payment requirements for properties over \$500,000. The changes that were implemented last month are intended to temper some of Canada's heated real estate markets. Here are four things to know about the new rules.

THE CANADIAN PRESS
GRAPHICS ANDRES PLANA/FOR METRO

1 Cough up the cash

Homebuyers now have to put a down payment of at least 10 per cent on the portion of the price of a home over \$500,000. For anyone buying a home for \$700,000 — a common list price in Vancouver and Toronto — that means the minimum down payment will rise to \$45,000 from \$35,000. Any home under \$500,000 still requires only a down payment of five per cent.



2 Who's affected

Primarily those shopping for a home in Toronto and Vancouver. First-time buyers in those cities will feel the pinch since they'll be required to put down bigger down payments to get into the market. Those selling their homes in order to size up, especially in cities with hot housing markets, likely won't feel the pain since they've built up equity in those properties.



VANCOUVER



TORONTO

3 Impact

The influence the new rules will have over house prices is expected to be small, experts say, given their narrow reach. When he announced the changes in December, Finance Minister Bill Morneau said they are expected to affect one per cent or less of the real estate market.

4 Past measures

Four rounds of changes were made to tighten eligibility rules for new insurable loans between 2008 and 2012. Among them: the minimum down payment was increased to five per cent, the maximum amortization period was reduced to 25 years from 30 years and the maximum insurable house price was limited to below \$1 million.

Amortization

25yr MAX

Insurable house price

BELOW \$1 million

Huskies fade down the stretch vs. X-Men

AUS MEN'S HOCKEY

St. Mary's now has to wait for University Cup as host team


Kristen Lipscombe
 Metro | Halifax

For forward Matt Tipoff and his fellow fifth-year Saint Mary's Huskies, falling to the St. Francis Xavier X-Men in the AUS semifinals Wednesday night was especially disappointing. The Huskies lost Game 4 by a single goal, 4-3, in front of 835 fans at the Halifax Forum, eliminating them from AUS championship contention. The X-Men claimed the best-of-five semifinal series 3-1 and advance to the conference final.

St. Mary's loss also means Tipoff and this year's graduating Huskies class have officially played their last game at their historic home rink.

"It's my last game; it's tough," Tipoff said after staying behind in the dressing room to soak up the bittersweet moment.

"But it's nice to know that we still live to fight another day."

Although the Huskies won't be hoisting this season's AUS trophy, they still have a chance at lifting the most-coveted hardware in the country — the



Saint Mary's Huskies forward Ben Duffy, left, and St. Francis Xavier X-Men forward Cory MacIntosh vie for the puck Wednesday night at the Halifax Forum. JEFF HARPER/METRO

University Cup. Saint Mary's has an automatic bye as hosts of the CIS championship, which takes place March 17-20 at the Scotiabank Centre.

"We just have to look at the positives right now and reflect on everything because we still have some work to do," said Tipoff, a 25-year-old from Toronto.

Tipoff, who spent three and a half years with the Ontario Hockey League's Belleville Bulls and a season and a half with the Kitchener Rangers, scored

SEMIFINAL Game 4

4	3
X-MEN	HUSKIES

two straight first-period goals, including one on the power play, on Wednesday night.

Third-year defenceman Alex Cord opened the scoring, with the Huskies taking a 3-0 lead early in the game.

But penalties cost St. Mary's dearly. Kristoff Kontos and Mark Tremaine cut the deficit to 3-2 for SMU after the first period.

Brad Cuzner scored in the second and Erick Locke capped it off in the third to give the X-Men the comeback win.

Cole Cheveldave made 33 saves for Saint Mary's, while Drew Owsley made 31 for St. Francis Xavier.

"We started off just like we wanted to and we just sort of faltered from there," Tipoff said.

QMJHL

Moose step it up on offence, down Titan

Dylan DesRoche
 For Metro

It was a good night in Moose Country Wednesday.

The Halifax Mooseheads stomped the Acadie-Bathurst Titan 4-1, snapping their two-game losing streak in front of 5,348 fans at the Scotiabank Centre.

The Herd started off slow, allowing defenceman Guillaume Brisebois to capitalize on the man advantage with a solid wrist shot to put the Titans ahead 1-0 at 15:54 in the first.

But as the game got more physical, the Titan failed to put any more pucks past Mooseheads goalie Kevin Resop, who made 26 saves to earn third-star honours.

"The team in front of me kept everything to a minimum," Resop said of the Herd's offensive efforts.

"It's nice to get two points." The Herd turned it up in

the second, responding with a power-play goal just over a minute into the period from Jocktan Chainey, named first star for two points on the night.

Maxime Fortier kept it up, firing a wrist shot past Titan goalie Reilly Pickard on the power play to put Halifax ahead 2-1 early in the period.

"I just saw the open space and I just put the puck on net," Fortier said.

In the third, forward Connor Moynihan made the Titan pay while on a

two-man advantage, slipping a shot through traffic to make it 3-1.

Ilya Putinsev, named second star with two points, hammered the nail in the visitors' coffin with a shot from the point to score on the power play.



Jocktan Chainey
 METRO

AUS WOMEN'S HOCKEY

Huskies heading to final

The Saint Mary's men may not have made the cut for the AUS championship, but the women's hockey Huskies are on their way to conference final.

The Huskies face off against the St. Thomas Tommies in the best-of-three AUS women's championship, which starts Friday night at home,

continues Sunday afternoon on the road and comes back to Halifax Tuesday if Game 3 becomes necessary.

The Huskies, who finished first in the regular season, beat out the St. Francis Xavier X-Women in the best-of-three semifinal series, with the third and final game decided by the lone Saint Mary's goal in the third overtime period. METRO



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Spurs, City and Arsenal all lose ground

EPL ROUNDUP

Leicester stay top after trio of defeats for chasing pack

Leicester strengthened its place atop the Premier League without even playing on Wednesday, after its three main title rivals all lost to cap another unpredictable

round in England's top division.

Tottenham could have climbed above Leicester into first place with a win at West Ham, but lost 1-0 through Michail Antonio's early goal. Third-place Arsenal couldn't take advantage, losing 2-1 at home to Swansea despite taking the lead against the relegation contenders.

Manchester City completed a miserable evening for the title hopefuls by getting beaten 3-0 at Liverpool, where City has

now only won once in 35 years. Liverpool avenged its defeat on a penalty shootout to City in the League Cup final on Sunday.

It left Leicester still with a three-point lead over Tottenham, with Arsenal a further two points back. City is 10 points off the lead and now looking over its shoulder at teams fighting to make it into the top four and qualify for the Champions League.

Manchester United is tied on points with City after beat-

ing Watford 1-0 at Old Trafford thanks to Juan Mata's free kick in the 83rd minute.

West Ham is a point behind the Manchester clubs and even Stoke, which beat Newcastle 1-0 in Wednesday's other game, isn't out of the top-four race in seventh place. Leicester drew 2-2 at home to West Bromwich Albion on Tuesday, which now looks a decent result given the troubles of its title rivals.

THE ASSOCIATED PRESS



Michail Antonio's header beats Hugo Lloris. CLIVE ROSE/GETTY IMAGES

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HOCKEY

Canada's World Cup roster released

Pittsburgh Penguins captain Sidney Crosby headlines the first 16 players Canada unveiled for its World Cup of Hockey roster. Chicago Blackhawks captain Jonathan Toews was also named among the Canadian forwards.

Joining Crosby and Toews up front are Jamie Benn (Dallas), Patrice Bergeron (Boston), Jeff Carter (Los Angeles), Ryan Getzlaf (Anaheim), Tyler Seguin (Dallas), Steven Stamkos (Tampa Bay) and John Tavares (New York Islanders).

Nashville Predators star Shea Weber and Drew Doughty of the LA Kings anchor the defence corps that also includes Duncan Keith (Chicago) and Marc-Edouard Vlasic (San Jose). All four D-liners played at the 2014 Sochi Olympics, where Canada won its second consecutive gold medal.

Injured Montreal star Carey Price was among three goalies named to the squad, joining Braden Holtby of the Washington Capitals and Chicago's Corey Crawford. THE ASSOCIATED PRESS

IN BRIEF

Injured Vonn's season over

A hairline fracture in her left knee didn't deter Lindsey Vonn. Still, she raced. Three large fractures that could lead to surgery and possibly an end to her career?

Now that got the attention of the all-time winningest female World Cup skier. Vonn announced Wednesday that she was leaving the racing circuit early after an MRI revealed the injury in her shinbone was more serious than first believed.

THE ASSOCIATED PRESS

Blue Jays tie with Phillies in spring training home opener

Dwight Smith tied the game in the bottom of the ninth by diving home on a wild pitch as Toronto tied 4-4 with the Philadelphia Phillies in the Blue Jays' spring training home opener at Florida Auto Exchange Stadium.

Second baseman Ryan Goins hit two runs for the Jays (1-0-1) as R.A. Dickey, Aaron Sanchez, and Jesse Chavez each pitched two effective innings.

THE CANADIAN PRESS

Weeknights at 6:30pm. Countdown the HOTTEST songs of the day.

6 @ 6 LAST NIGHT:

6 Alessia Cara
Wild Things

5 Travis Scott
Antidote

4 Mike Posner
I Took A Pill In Ibiza

3 G-Eazy ft. Boi-1da
Me, Myself and I

2 Rihanna ft. Drake
Work

1 Zayn
Pillow Talk

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RECIPE Chili Chicken Burgers



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

- tainer of sour cream
• 1/4 cup fresh lime juice
• 1/4 cup fresh cilantro, chopped
• Pinch of salt and pepper

This burger, loaded with cheese and guacamole, will make you forget it's not even beef with its warm spice blend. It will also make you forget it's healthier too.

Ready in
Prep time: 20 minutes
Total time: 45 minutes
Serves 4

- Ingredients**
- 1 clove garlic, minced really fine
 - 1/2 red onion, minced fine
 - 1 tsp cumin
 - 1 Tbsp chili powder
 - Pinch of salt and pepper
 - 1 egg, whisked
 - 1 lb ground chicken
 - 4 thin slices of cheddar
 - 3/4 to 1 cup guacamole
 - Lettuce, tomato and whatever else you like on a burger
 - 4 buns

Crema
• 1 small (250 ml) con-

- Directions**
1. In a small bowl, stir together the Crema ingredients.
 2. Have a clean plate ready to place your burger patties on. In a large bowl, combine burger ingredients up to ground chicken. Shape the meat into patties.
 3. Add a touch of oil to your pan and warm it up over medium heat. Put patties in and allow them to cook on the first side for about 5 minutes. Flip them over and cook 2 or 3 minutes before placing the slices of cheese on top. Place a lid on the pan or cover with foil to help the cheese melt. Use a meat thermometer to make sure the internal temperature is 165 F.
 4. Toast buns to keep them from getting soggy. Spread Crema on the bottom bun, add lettuce, burger, guac and top with the bun.

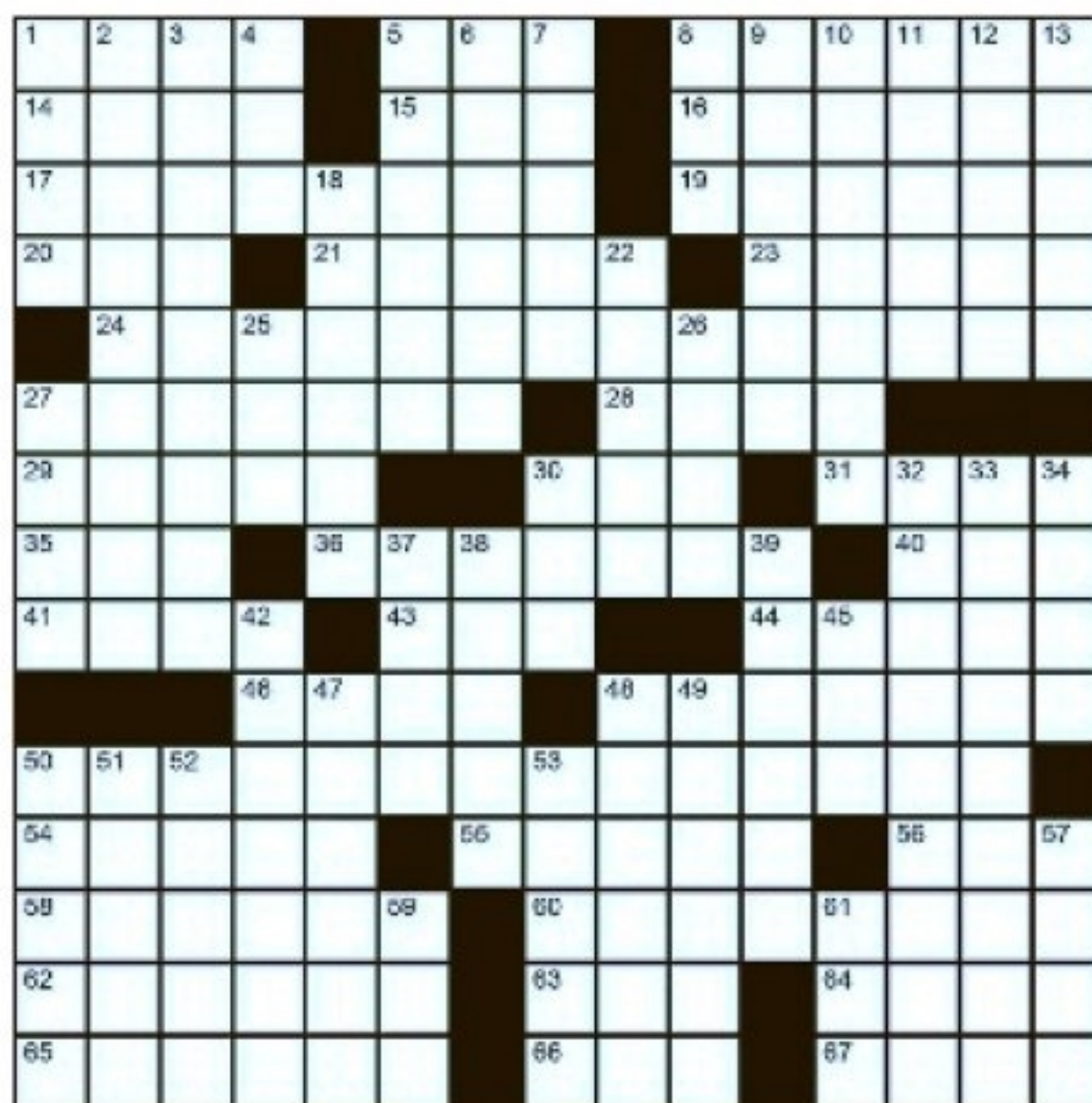
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Police alerts, e.g.
5. Aves.
8. Conquer
14. Oman money
15. Comedian/ac-tress Margaret
16. Jim-Bob Wal-ton's mother
17. Agree to an agree-ment in pen: 3 wds.
19. Nurses, for ex-ample
20. Twisted Sister singer Mr. Snider
21. "___ of Old Smoky"
23. Literary sleuth Mr. Wolfe's
24. Polar Bears, but not Penguins: 2 wds.
27. Messy stain
28. Mexico cur-rency
29. Turn ___ (Move past something)
30. River islet
31. Pickup trucks, e.g.
35. Class
36. Windows icons area
40. "___ get it!"
41. Bee Gees: "How ___ Is Your Love"
43. Co. for commut-ers in Toronto
44. Legendary chor-eographer Mr. Ailey
46. ___ Sanctorum (Collection of the biographies of Chris-tian saints)
48. Stephane Dion, Minister of ___ Affairs
50. Renowned Toronto artists group of the 1950s: 2 wds.



54. Ladder 'levels'
55. Affordable noodle dish
56. Cost
58. Home of Odys-seus
60. Like the works by #50-Across
62. Vowel-friendly

- Ontario village
63. "Surprise!"
64. Prefix mean-ing 'Within'
65. Work at getting even more paint off
66. Train ___
67. Glenn Frey's "The Heat ___"

DOWN

1. Dry
6. Ananas, in Angleterre
3. Called 'The Centre of Canada', it's the only inland community in Nunavut: 2 wds.
4. Mid-'70s kid-

- nappers
5. Picturesque
6. Shakespeare's Globe roof style
7. Funkadelic's "One Na-tion Under a Groove" bit: "___ you can't get under it..."
8. Leader of Sneezys

- band
9. Some antelopes
10. It'll crackle/glow giving warmth
11. "...if ___ saw one!"
12. Keep an ___ mystery
13. Parisian 'cup'
18. Like con-tract lines
22. Songbird sort
25. Gear tooth
26. Jared ___
27. Remarkd
30. U.S. dog org.
32. Lovers of dramas, Oscars, scenes, etc.: 2 wds.
33. ___ Bay (Bay of Fundy inlet)
34. ___ Fein (Irish re-publican party)
37. 'Bachelor' suffix
38. Beatles drum-mer Ringo
39. Mother or father
42. Prehistoric super-continent
45. After-Exo-dus bk.
47. Hospital diag-nostic tool, e.g.: letters + wd.
48. 'Austin Powers' techie temptress
49. "Little House on the Prairie" character Nellie's surname
50. Busybody
51. Other: French
52. "The Shoop Shoop Song (It's ___ Kiss)"
53. Swedish cars
57. Certain collar
59. Accounting re-view, briefly
61. King, in Portugal

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will gain a new perspective on what's important and what your long-term ambitions should be. Don't hold on too tightly to what you've got because what's coming next will be so much better.

Taurus April 21 - May 21
You may look calm on the outside but on the inside your emotions are bubbling and what happens next will bring them to the boil. That's good. It isn't healthy to keep all that passion and aggression bottled up inside.

Gemini May 22 - June 21
Things may not have worked out the way you hoped they would but there's no need to worry about it and even less need to change directions.

Cancer June 22 - July 23
You may be tempted to tear down something it took you a lot of time and effort to build, simply because it is not up to the high standards you set for yourself, but the plan-ets warn you will regret it if you do. Stop being so hard on yourself.

Leo July 24 - Aug. 23
Act on your feelings. No matter how unpopular it might make you, if that little voice in your head says it is the right thing to do you should know better than to ignore it. Act now!

Virgo Aug. 24 - Sept. 23
Don't take chances with money, even more so if it belongs to other people. Wait and see what the week-end brings before taking risks.

Libra Sept. 24 - Oct. 23
At times you wonder why you put up with someone's bad behaviour. So why do you? Most likely there is no reason at all, so get your act together and get them out of your life once and for all. You will feel better for it.

Scorpio Oct. 24 - Nov. 22
Try not to make an issue of what-ever it is you are expected to do today. Take it in your stride. It will only get complicated if you make it complicated — so don't!

Sagittarius Nov. 23 - Dec. 21
Find a positive outlet for all that energy you've got inside you. Affairs of the heart and creative activities are well-starred, so focus on these and avoid anything negative.

Capricorn Dec. 22 - Jan. 20
Cosmic activity in the domestic area of your chart will reach critical mass today. If there is some kind of explo-sion the results should be positive. At the very least you will know why a loved one needs more attention.

Aquarius Jan. 21 - Feb. 19
Don't waste time arguing with people whose views are wrong. It's highly unlikely you'll convince them, so let them keep on making mis-takes while you keep on having fun.

Pisces Feb. 20 - March 20
There will be changes in your money situation. Whether they are good or bad remains to be seen but if you approach them in a sensible manner you won't be out of pocket for long.

CONCEPTIS SUDOKU by Dave Green

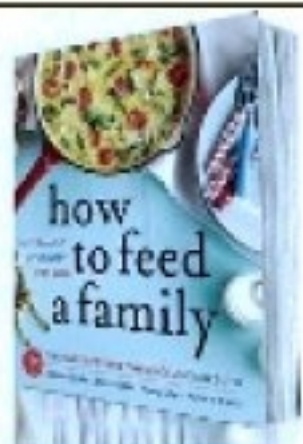
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7	8	4	5	2	6	1	9	3
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